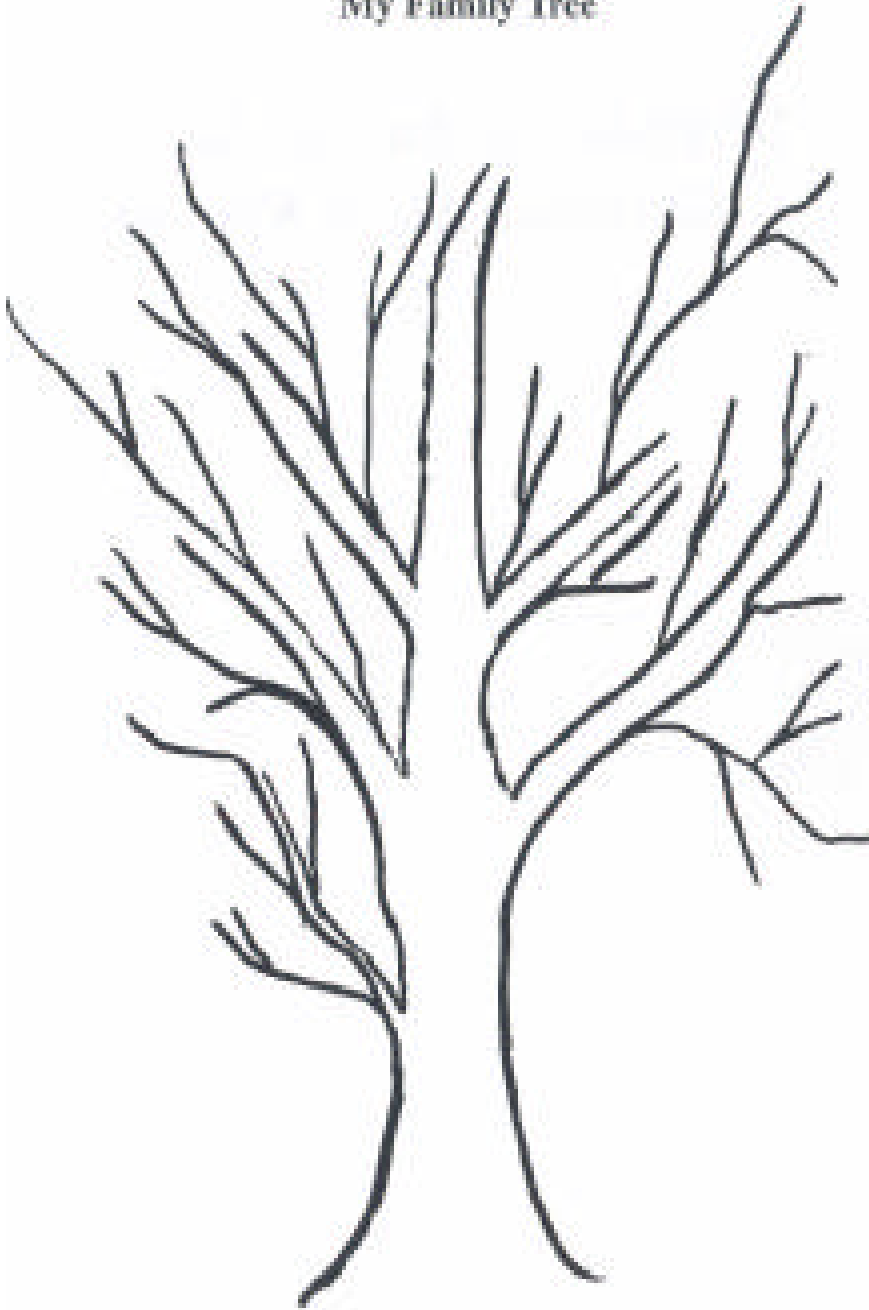


My Family Tree



... for the journey

1. What is one important thing you learned about yourself as a result of this retreat weekend?
2. What are the qualities of Jesus that you see in the groups to which you belong?
3. Is there a member of your family or a friend who exemplifies Jesus to you?
4. When have you used the quality listed on the bottom of page 3 or another talent to serve others?

My Christian Story

Discipleship for the Journey
Christian Story Retreat

Name _____

Table Name _____

Important New Qualities

Qualities of Friendship

I am _____

Qualities of Jesus

Community

List groups to which you belong.

1.

2.

3.

The Five Most Important Qualities

1.

2.

3.

4.

5.

What do you gain from belonging to these groups:

1.

2.

3.

4.

5.

6.

1. Look at what you have checked in Column A. What one thing can you do to change it?

2. Look at what you have checked in Column B. What is it telling you about yourself?

3. How has your attitude toward yourself been affected by your family?

friend?

God?

Journaling Questions

1. What did Jesus look like? If you did not get a visual Image what feeling did you get?

2. How did it feel to have Jesus in your bedroom?

3. What special object did you show him? What meaning does the object have? What did Jesus do or say after you showed him the object?

An Experience of Friendship

A Personal Reflection

Self-Discovery

Check the one in column A that is of most concern to you. Check the one in column B that most reflects who you are as a person.

A

- I often lack confidence.
- My family is in turmoil.
- I do not like school.
- I am uncomfortable being with the opposite sex.
- I do not have as many friends as I want to have.
- I tend to be sad when I am alone.
- God doesn't seem to care about me.

B

- I like to try new things.
- I can ask for help when I need it.
- I am developing a relationship with God.
- I can overcome my fears.
- I enjoy helping others.
- I am usually in a good mood.
- I prefer being alone rather than being in a large group.