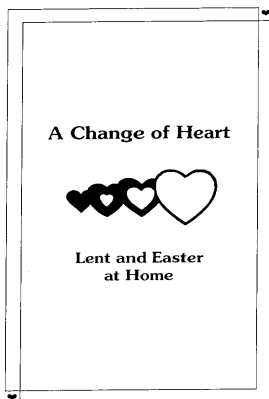


LENT AND EASTER BOOK



Simple , Practical, Spiritual

- 40 page booklet
- For families/individuals
- Focuses on the Lent and Easter seasons
- Contains popular traditions, rituals, and devotional activities.

Price: \$2.00 each—1- 49 *Postage*
\$1.75 each—50-99 *costs*
\$1.50 each—100 + *additional*

CONTENTS

INTRODUCTION

THE MEANING OF LENT

THE RULES

- Our Everyday Duties
- Our Ordinary Christian Duties
 - Corporal Works of Mercy
 - Spiritual Works of Mercy

SOME SUGGESTED ACTIVITIES FOR HOME

- The Hungry of the World
- Creating an Awareness of the Bible
- Have An "It's Your Special Day!" Day
- A Family Prayer/Good Deed Basket
- Meal Prayers
- Mealtime Discussion Starters
- The Christmas Tree Cross
- The Stations of The Cross

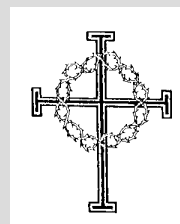
MARDI GRAS TO EASTER

- Mardi Gras or Shrove Tuesday
- Ash Wednesday
- A Lenten Journey
- Valentine's Day - February 14
- President's Day - Third Monday of February
- St. Patrick's Day - March 17
- St. Joseph's Day - March 19
- First Day of Spring - March 20
- Annunciation - March 25
- All Fool's Day - April 1
- Palm Sunday Activities
- Holy Week Activities
 - Food Ideas
 - Meal Stories
 - Holy Thursday
 - Parish Celebrations
 - Good Friday
 - Holy Saturday
 - Easter Vigil
- Easter

Sample page from Lent and Easter book

STATIONS OF THE CROSS

Have you ever thought about saying or meditating on the Stations of the Cross at home as a family? Many families cannot make it to church for those scheduled times for "The Stations." The most important element of this devotion is what effect it has in our lives, or how it changes our heart. Sometimes, the Stations can have their greatest impact on us when they are said together at home as a family. Following is a "family" way of the cross.



The Stations were not moments of failure for Jesus or the people involved in His passion and death. These were moments of great courage and heroism. The reflections that follow also focus on key moments in your life. Some occur daily. Hopefully, this journey will help you to see the times of courage and heroism in your own "Way of the Cross."

† Jesus Is Condemned To Death †

Remember the time when someone misunderstood or misjudged your words or actions? Consider the times you too have misunderstood or misjudged the words or actions of another. Your life has really known both Pilate and Jesus in this Station.

These experiences can help you to be more considerate of the reasons or motives behind the actions of other people. Perhaps the experiences can move you to support those who are misjudged.

Order Form for Lent and Easter Book

Name _____
 Address _____
 City/State/Zip _____
 E-mail _____ Phone _____

| Quantity | Item Price | Cost | *Postage | Total |
|----------|------------|------------|------------|---------|
| _____ x | \$ _____ | = \$ _____ | + \$ _____ | = _____ |

*Postage—\$2.00 for first item; \$1.00 each additional item. 10 & over can be billed.
 Mail form and payment to: Family Life Office, 5379 Portage St., Lilly, PA 15938
 814-886-5551 Fax: 814-886-7697~ familylife@dioceseaj.org

